

2024 BENCH WALK CHALLENGE
SCHEDULE OF GUIDED WALKS

Fri., May 10 - Sat., Oct. 19

					LOOK FOR WALK LEADERS IN GREEN T-SHIRTS	
walk	date of walk	Loop Name	Distance	start time	COMPLETED	parking & start location
1	Wed. 5/22	Rockwood Loop	1.2 mi	4pm		Meet in parking lot of new upper Pine St Ball Park visit benches: 24
2	Sat 6/1	Masconomo Loop	1.3 mi	10am		Meet at Masconomo Park Gazebo visit benches: 18, 19
3	Wed 6/12	Tucks Point Loop	2 mi	4pm		Meet at Tucks Point parking lot visit benches: 5, 22
4	Sat 6/29	Woodholm Loop	1.6 mi	10am		Meet behind Town Hall parking lot visit benches 4, 7, 12
5	Wed 7/10	Kettle Cove Loop w/ Hickory Hill Loop	4.4 mi 3.7 mi	4pm		Meet in Sweeney Park parking lot visit benches 23, 11, 6, 25
6	Sat 7/27	Heater Loop	2 mi	10am		Meet behind Town Hall parking lot visit benches 12, 8, 14, 9, 10, 3
7	Wed 8/14	Sheeps Pasture Hill Loop	2.7 mi	4pm		Meet in MERHS high school front parking lot visit benches 16, 17, 2, 26
8	Sat 8/31	Old Story Loop	1.8 mi	10am		Meet behind Town Hall parking lot visit bench 20
9	Wed 9/11	Smiths Point Loop	2 mi	4pm		Meet at Masconomo Park Gazebo visit bench 21
10	Sat 9/28	Eaglehead Loop	1.7 mi	10am		Meet at Masconomo Park Gazebo visit bench potential sites
11	Wed 10/9	Village Loop	TBD	4pm		Meet in MERHS high school front parking lot visit benches 13, 1, 15, 3, 26

Saturday, October 19 - LONGEVITY BENCH WALK CHALLENGE CELEBRATION - HALL OF FAME INDUCTEES



Longevity Bench Project

A Place to Rest While Taking a Walk

Manchester-Essex Woods
(see MECT.org for trail map)

Manchester
Athletic Club

School St.

Atwater Ave.

Route 128

Mill St.

Loading Place Rd.

Forest St.

Colburn Rd.

Ancient County Wy.

Harold St.

Sky Top Dr.

Lincoln St.

Summer St.

Brook St.

Vine St.

North St.

Elm St.

Mose St.

Forster Rd.

Woodcrest Rd.

Highwood Rd.

Walker Rd.

Pleasant St.

Pine St.

Parsons Ln.

Rockwood Hts. Rd.

Rockwood Loop
≈ 1.2 mi.

Pine St.

Moses Hill Rd.

Route 128

Route 128

Old Essex Rd.

School St.

Forest St.

Colburn Rd.

Ancient County Wy.

Heater Loop ≈ 2 mi.

Woodholm Loop ≈ 1.6 mi.

Old Story Loop ≈ 1.8 mi.

Jersey Ln.

Bridge St.

Essex County Club

MERHS

Sheep Pasture Hill Loop ≈ 2.7 mi

Hickory Hill Loop ≈ 3.7 mi.

Kettle Cove Loop ≈ 4.4 mi.

Brookwood Conservation Area

Brookwood Park

Forster Rd.

Boardman Ave.

Route 127

Boardman Ave.

Harbor St.

Sunset Hill

Tucks Point Loop ≈ 2 mi.

Tucks Pt. Rd.

Smiths Point Rd.

Proctor St.

Smiths Point Loop ≈ 2 mi.

Masconomo St.

Beach St.

Blossom Ln.

Eaglehead Loop ≈ 1.7 mi.

Masconomo Loop ≈ 1.3 mi.

Old Neck Rd.

Tappan St.

Singing Beach

Eagle Head

Sea St.

Old Neck Rd.

MBTA Commuter Rail

Summer St.

Hickory Hill Rd.

Overledge Dr.

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