



Longevity Bench Project

A Place to Rest While Taking a Walk

Manchester-Essex Woods
(see MECT.org for trail map)

Manchester
Athletic Club

Atwater Ave.

Route 128

Route 128 Exit 50

Route 128 Exit 49

Pine St.

Rockwood Loop
≈ 1.2 mi.

Rockwood Hts. Rd.

Pine St.

Moses Hill Rd.

Parsons Ln.

Walker Rd.

Woodholm Rd.

Highwood Rd.

Brookwood Park

Forster Rd.

Jersey Ln.

Boardman Ave.

Route 127

Bridge St.

Bennett St.

Alpine Rd.

Woodholm Loop ≈ 1.6 mi.

Heater Loop ≈ 2 mi.

Pleasant St.

School St.

Old Essex Rd.

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Longevity Bench Project

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Longevity Bench Locations | Manchester-by-the-Sea

- | | |
|---|---|
| 1 2017 Bonneville Design Bench
68 Summer St. | 16 2020 Singleton Family Bench
Shaded Walk abutting 157 School St. |
| 2 2018 Cook Bench
Forest St. at Harold St. Corner | 17 2020 Petsko-Glimcher-Auchincloss Bench
Forest St. past Mill St. |
| 3 2018 Schanley/Boy Scout House Bench
74 School St. | 18 2020 Hooper Fund Bench
Beach St. across from Tappan St. |
| 4 2018 Harrington Bench
Zero Woodholm Rd. facing Pine St. | 19 2020 Feuerbach Bench
Beach St. at end of Masconomo Park |
| 5 2019 Langille Bench
155 Bridge St. | 20 2021 Doggett Bench
State Land abutting 71 Bridge St. |
| 6 2019 Adele Q. Ervin Bench
92 Ocean St., Black Beach | 21 2023 Trevett Bench
Proctor St. at Proctor Cove |
| 7 2019 Lisa Bonneville Bench
23 Woodholm Rd. | 22 2023 Morss Bench
Tucks Point Rd. at Chowder House |
| 8 2019 M.F. Reynolds Bench
Magnolia Ave. at Kettle Cove Burying Ground | 23 2022 Snow Bench
Summer St., Sweeney Park Pickleball Courts |
| 9 2019 Spence Bench
Pleasant St., Trailhead to Powder House Hill | 24 2023 Elaine Bonneville Bench
Pine St. across from Pine St. Playing Field |
| 10 2019 Almy Bench
School St. at Pleasant St., Veterans Park | 25 2023 Priscilla and Richard Singleton
Family Bench • 21 Ocean St. |
| 11 2019 Russell-Adam Bench
334 Summer St. | 26 2024 Palter/MERHS Class of 2024 Bench
Lincoln St. across from Vine St. |
| 12 2020 Manchester's 375 th Anniversary Bench
Pine St., Trailhead to Powder House Hill | 27 2024 Bill Scott Bench
Norwood Ave., Coach Field Ballpark |
| 13 2020 Mastendino Bench
Norwood Ave. & North St. Parking Lot | 28 2025 Mastrogiacono Bench
Beach St. at Little League Backstop |
| 14 2020 Siljeholm Bench
73 Pleasant St. | 29 2025 Conway Bench
Pleasant St. at Pine St. |
| 15 2020 Dr. Samuel Ina Bench
Brook St., Park Tennis Courts | 30 2025 Alan Wilson Bench
Central St. at Church St. |

Note: Numbers indicate order of installation

Popular Walking Loops

Listed by Shortest to Longest Distance

Rockwood Loop: Pine Street > Rockwood Heights Road > Crooked Lane (approx. 1.2 miles)

Masconomo Loop: Masconomo Park > Beach Street > Singing Beach (approx. 1.3 miles)

Woodholm Loop: Woodholm Road > Woodcrest Road > Running Ridge Row > Forster Road > Bennett Street > Pine Street (approx. 1.6 miles)

Eaglehead Loop: Sea Street > Old Neck Road > Eagle Head Road (approx. 1.7 miles)

Old Story Loop: Forster Road > Jersey Lane > Bridge Street > Bennett Street (approx. 1.8 miles)

Heater Loop: Pleasant Street > Pine Street > Central Street > School Street (approx. 2 miles)

Smiths Point Loop: Proctor Street > Smiths Point Road > Masconomo Street (approx. 2 miles)

Tucks Point Loop: Harbor Street > Tucks Point Road > Boardman Avenue > Bridge Street (approx. 2 miles)

Sheep Pasture Hill Loop: School Street > Mill Street > Forest Street > Summer Street > Lincoln Street (approx. 2.7 miles)

Hickory Hill Loop: Summer Street > Hickory Hill Road (approx. 3.7 miles)

Kettle Cove Loop: Summer Street > Ocean Street (Black & White Beach) (approx. 4.4 miles)